Delivering for Nutrition in South Asia

Towards Impact at Scale

Trends and inequities in animalsourced protein consumption among children in Nepal

Key Messages:

- Protein intake among Nepali children ages 6-59 months nearly doubled from 2006 to 2022
 - driven by higher meat and egg consumption.
- Among key determinants:
 - influence of household wealth declined
 - influence of material education and urban residence increased

