Delivering for Nutrition in South Asia

Towards Impact at Scale



SALT CONSUMPTION STORY IN 40+ ADULTS: RESULTS FROM A WHOLE-OFGOVERNMENT AND WHOLE-OF-SOCIETY APPROACH BASED COMMUNITY INTERVENTION

Key Message:

A whole-of-government and whole-of-society approach based intervention improved awareness of salt intake, but consumption habits did not change: although added salt use decreased, greater intake of salty processed foods led to a significant decline in healthy salt-use practices, indicating that a 1-year intervention is insufficient to shift behavior.



