

Delivering for Nutrition in South Asia

Towards Impact at Scale

Adolescent BMI shifts after a whole-of-government, whole-of-society intervention in Bangladesh

- Adopting "whole-of-government" and "whole-of-society" approach can be effective in reducing adolescent undernutrition, but the concurrent rise in overweight/obesity signals dual burden of malnutrition. Interventions must balance efforts to sustain reductions in undernutrition while preventing unhealthy weight gain.
- Scaling up requires strong partnerships within each level of government, non-government and community organizations along with political commitment. Formalizing multisectoral governance with clear roles and responsibilities across multiple sectors is essential to integrate nutrition intervention into community programs.

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